AGUA FRESCA DE FLOR DE JAMAICA  
(HIBISCUS FLOWER WATER)  
1 1/4 cup dried hibiscus flowers  
3 cups water  
4 cups extra water  
1/2 cup sugar  
Ice cubes

1. Place flowers in boiling water.  
2. Boil flowers for two to three minutes.  
3. Steep for at least four hours or overnight.  
4. Strain liquid into a pitcher.  
5. Add four cups of additional water and sugar.  
6. Add more water or sugar to taste.  
7. Pour over ice cubes and enjoy!

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lacocinahistorica.wordpress.com/2014/06/09/la-cocina-en-el-bolsillo-a-turn-of-the-century-pocket-cookbook-series/